

## Beginnings

### 4. *The beginning of rest* (Gen. 2v1-3)

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#### Introduction

- Our need for rest

#### God's rest

- God finishes what he starts

#### God wants us to rest

- The pattern
  - For Israel
  - For the early church
  - For us?
- The implications

#### God invites us to enter his rest

- Rest lost
- Rest restored
- Rest in the future...

#### Conclusion

## Genesis 2v1-3 (NIV)

<sup>1</sup> Thus the heavens and the earth were completed in all their vast array. <sup>2</sup> By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. <sup>3</sup> Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.

## Exodus 20v8-11 (NIV)

<sup>8</sup> "Remember the Sabbath day by keeping it holy. <sup>9</sup> Six days you shall labour and do all your work, <sup>10</sup> but the seventh day is a sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. <sup>11</sup> For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore, the LORD blessed the Sabbath day and made it holy.

#### Further reading

Kevin DeYoung, *"Crazy Busy"* (Good, readable, book for when we feel too busy – available on the bookstall)