

Songs of Experience
1. Sorrow (Psalm 6)

John Percival

Introduction

- 'How long, O Lord?' (v3)

The psalmist's CIRCUMSTANCES

- What's the problem?
 - Sin?
 - Sickness?
 - Enemies?
- Does this resonate with us?

The psalmist's CRY

- How he prays:
 - Addresses God
 - Asks for deliverance
 - Appeals to God's 'unfailing love' (v4)
 - Groans (v6)
- How do we respond when suffering comes?

The psalmist's CONFIDENCE

- Reasons for confidence (v8-10)
 - God's name
 - God's character
 - God's timing
- Where is our confidence?

Conclusion

Psalm 6 (NIV)

For the director of music. With stringed instruments. According to sheminith. A psalm of David.

¹ O LORD, do not rebuke me in your anger or discipline me in your wrath. ² Be merciful to me, LORD, for I am faint; O LORD, heal me, for my bones are in agony. ³ My soul is in anguish. How long, O LORD, how long?

⁴ Turn, O LORD, and deliver me; save me because of your unfailing love. ⁵ No-one remembers you when he is dead. Who praises you from his grave? ⁶ I am worn out from groaning; all night long I flood my bed with weeping and drench my couch with tears. ⁷ My eyes grow weak with sorrow; they fail because of all my foes.

⁸ Away from me, all you who do evil, for the LORD has heard my weeping. ⁹ The LORD has heard my cry for mercy; the LORD accepts my prayer. ¹⁰ All my enemies will be ashamed and dismayed; they will turn back in sudden disgrace.